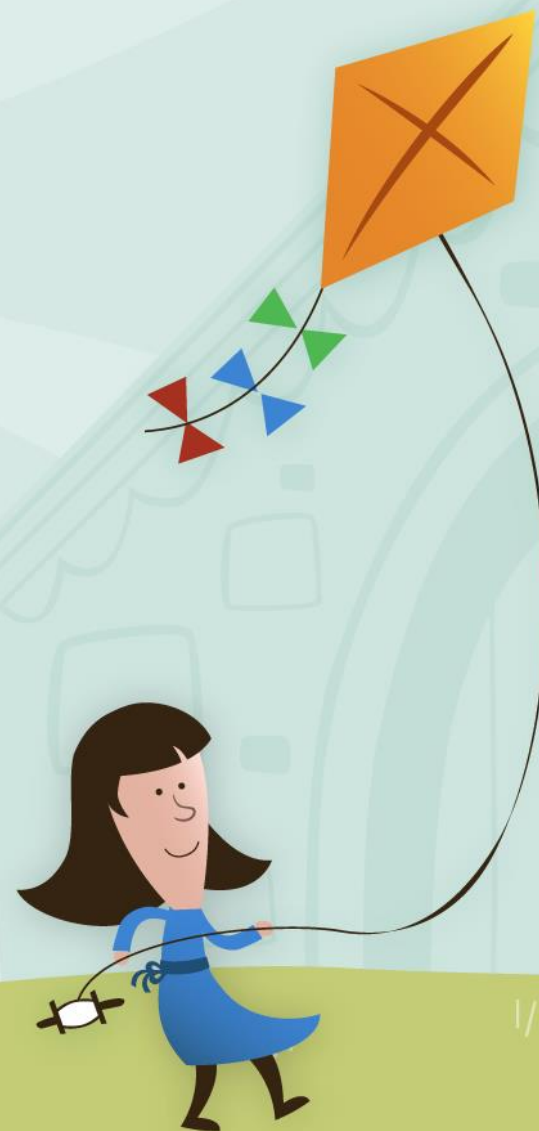




SAFETYKIDS PROGRAM

Keeping children safe from abduction, violence, and exploitation!

FEATURING CHARLIE CHECK FIRST

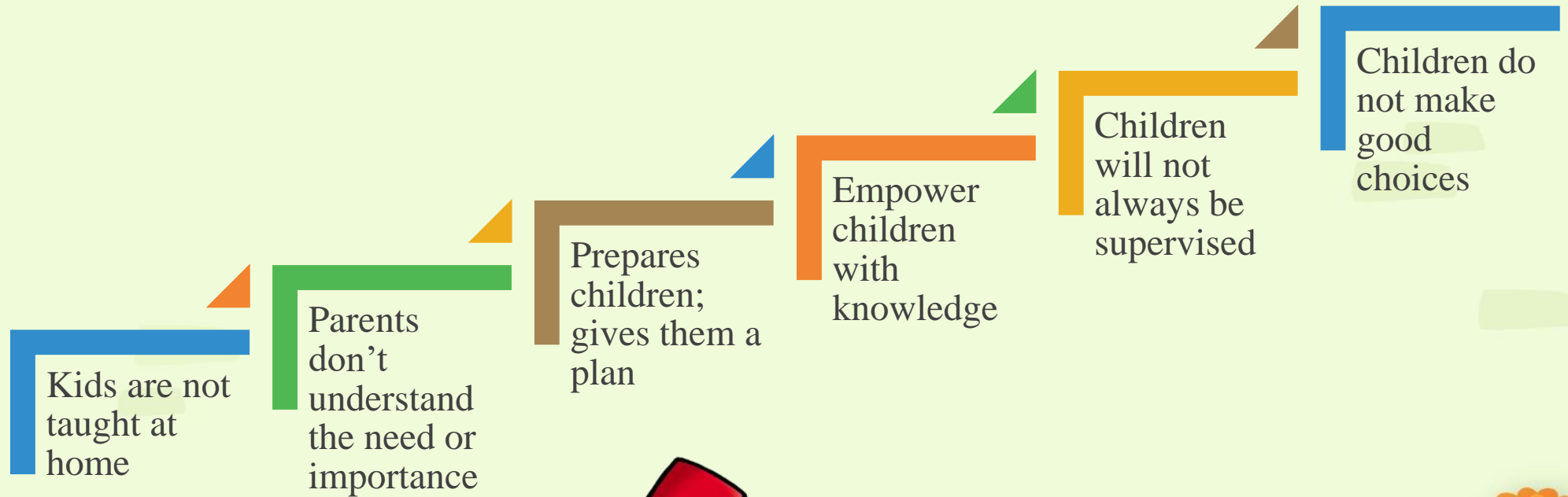


What is...Be a Safety Kid Program?

- Is a fun, motivating, and effective way to teach personal safety to children.
- Teaches children how to make wise choices and to be empowered to object to or avoid situations that are dangerous or harmful to their bodies.
- A majority of the children who are victimized know the perpetrator; therefore, the concept of ***stranger danger*** is **ineffective!** It puts children in a position of feeling secure just because they *think* they know the person. This, in fact, makes them vulnerable and may lead to victimization.
- Charlie Check-First replaces the ***stranger danger*** concept and has been readily endorsed by educators and law enforcement.



SAFETY EDUCATION – WHY TEACH IT?



SAFETY KIDS – WHY A CERTIFICATION?

FINGERPRINT CLEARANCE

BACKGROUND CHECKS

CPR CERTIFIED

FIRST AID CERTIFIED

WATER SAFETY CERTIFIED

INFANT CARE CERTIFICATION

NANNY SKILLS CERTIFICATION

NUTRITION AND HEALTH CERTIFICATION

OTHER PROFESSIONAL CERTIFICATIONS



**So why not a
SAFETY KIDS CERTIFICATION?**

Our Mascots have been designed to enhance the teachable moments, be memorable and fun.

- Charlie Check-First teaches children to:

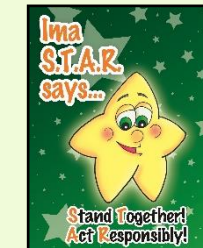
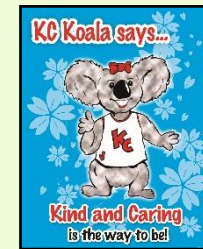
“**Check First before you go anywhere with anyone.**”

- KC Koala reminds children that:

“**Kind and Caring is the way to be!**”

- Ima S.T.A.R. says:

“**Stand Together Act Responsible!**”





WHO PRESENTS THE MATERIAL?

This curriculum has effectively been presented in many different ways, by many different professionals:

- Classroom teachers present it as independent lessons.
- Health teachers present it as part of the study on safety.
- Guidance counselors present selected topics to the classrooms.
- Public safety present the lessons in the classroom.
- Teamwork is used (police officers + guidance counselors, etc.)
- Self-defense instructors utilize the curriculum as a passive alternative.
- Day cares, religious organizations and non-profits incorporate the curriculum concepts into other lessons or programs.



SAFETY KIDS HISTORY

- Curriculum developed in 1998 involved teachers, counselors, psychologists in Pennsylvania.
- Evaluated by Law Enforcement.
- Diane L. Brown, founder and past director of safety kids retired in 2013.
- A.C.P.A. took program in 2014 and spent 2 years evaluating and updating.
- New website went live 2016 with updated and new content all in digital format.

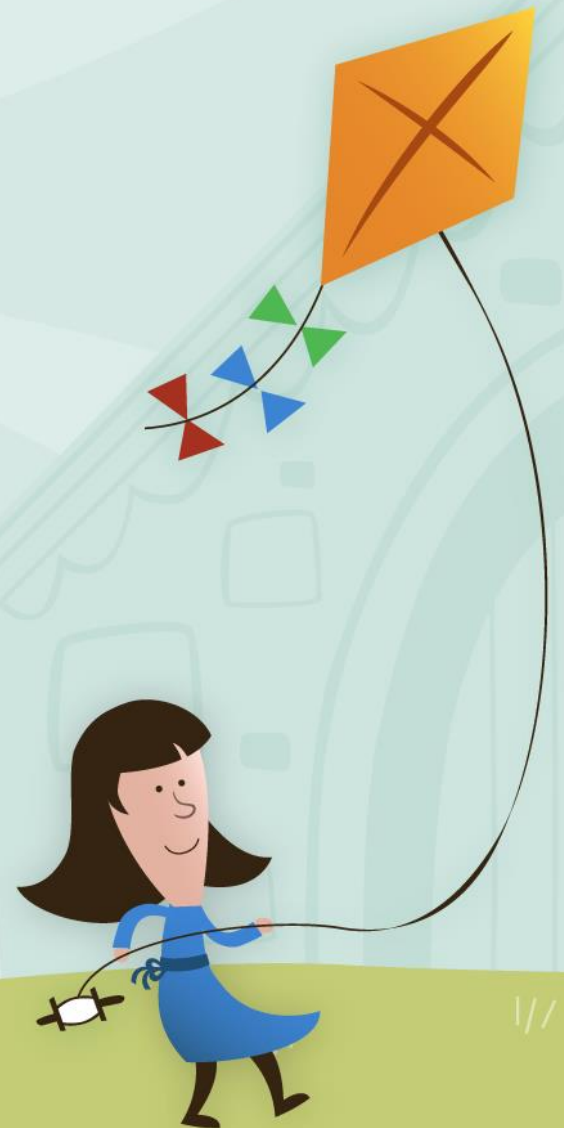


DIANE L. BROWN, FOUNDER



SAFETYKIDS PROGRAM

DIGITAL CONTENT-ONLINE CURRICULUM





WELCOME TO THE SAFETY KIDS SUBSCRIPTION PROGRAM


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SAFETY KIDS

Keeping children safe from abduction, violence and exploitation...

An Arizona Crime Prevention Association Program

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AWARDS & ENDORSEMENTS

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PHOTO GALLERY

EVENT CALENDAR

FREE STUFF

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4 x (6 + 8) = *Anti-spam code

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SAFETY KIDS

Keeping children safe from abduction, violence and exploitation...
An Arizona Crime Prevention Association Program



Welcome to the...

I'm a Safety kid® Program

Our curriculum is designed so you can download and learn at your own pace. You will also be notified and have access as new material is designed and added.



[CHARLIE CHECK FIRST CURRICULUM](#)



[SAFETY KIDS VIDEO'S](#)



[SAFETY KIDS MUSIC](#)



[SAFETY KIDS POSTERS & ADDITIONAL CONTENT](#)



[SAFETY KIDS MARKETING GRAPHICS](#)

CHARLIE CHECK FIRST PROGRAM OVERVIEW

Program Overview Presentation [PDF/Powerpoint](#)
Instructor Introduction [Download Manual](#)

KINDERGARDEN

[CCF 0-K](#) Introduction
[CCF 1-K](#) Check First
[CCF 2-K](#) Buddy System
[CCF 3-K](#) Observation Skills
[CCF 4-K](#) Home Alone
[CCF 5-K](#) Emergency Skills
[CCF 6-K](#) Power NO
[CCF 7-K](#) Kind and Caring General
[CCF 8-K](#) Self-Esteem and Tolerance
[CCF 9-K](#) Conflict Resolution
[CCF 10-K](#) Bullying
[CCF 11-K](#) Appendix
[Teaching Poster GK 8x11](#)
[Teaching Poster GK 11x17](#)
[Teaching Poster Symbols](#)

FIRST GRADE

[CCF 0-gr 1](#) Introduction
[CCF 1-gr 1](#) Check First
[CCF 2-gr 1](#) Safety Person
[CCF 3-gr 1](#) Buddy System
[CCF 4-gr 1](#) Observation Skills
[CCF 5-gr 1](#) Home Alone
[CCF 6-gr 1](#) Emergency Skills
[CCF 7-gr 1](#) Power NO
[CCF 8-gr 1](#) Kind and Caring General
[CCF 9-gr 1](#) Self-Esteem and Tolerance
[CCF 10-gr 1](#) Conflict Resolution
[CCF 11-gr 1](#) Bullying
[CCF 12-gr 1](#) Appendix
[Teaching Poster G1 8x11](#)
[Teaching Poster G1 11x17](#)
[Teaching Poster Symbols](#)

SECOND GRADE

[CCF 0-gr 2](#) Introduction
[CCF 1-gr 2](#) Check First
[CCF 2-gr 2](#) Safety Person
[CCF 3-gr 2](#) Buddy System
[CCF 4-gr 2](#) Observation Skills
[CCF 5-gr 2](#) Home Alone
[CCF 6-gr 2](#) Emergency Skills
[CCF 7-gr 2](#) Power NO
[CCF 8-gr 2](#) Kind and Caring General
[CCF 9-gr 2](#) Self-Esteem and Tolerance
[CCF 10-gr 2](#) Conflict Resolution
[CCF 11-gr 2](#) Bullying
[CCF 12-gr 2](#) Appendix
[Teaching Poster G2 8x11](#)
[Teaching Poster G2 11x17](#)
[Teaching Poster Symbols](#)

THIRD GRADE

[CCF 0-gr 3](#) Introduction
[CCF 1-gr 3](#) Check First
[CCF 2-gr 3](#) Safety Person
[CCF 3-gr 3](#) Buddy System
[CCF 4-gr 3](#) Observation Skills
[CCF 5-gr 3](#) Home Alone
[CCF 6-gr 3](#) Emergency Skills
[CCF 7-gr 3](#) Power NO
[CCF 8-gr 3](#) Self-Esteem and Tolerance
[CCF 9-gr 3](#) Conflict Resolution
[CCF 10-gr 3](#) Bullying
[CCF 11-gr 3](#) Appendix
[Teaching Poster G3 8x11](#)
[Teaching Poster G3 11x17](#)
[Teaching Poster Symbols](#)

FOURTH GRADE

[CCF 0-gr 4](#) Introduction
[CCF 1-gr 4](#) Check First
[CCF 2-gr 4](#) Home Alone
[CCF 3-gr 4](#) Safe Situations
[CCF 4-gr 4](#) Pressures and Dares
[CCF 5-gr 4](#) Guns
[CCF 6-gr 4](#) Drugs
[CCF 7-gr 4](#) Not OK Touch
[CCF 8-gr 4](#) Self-Esteem and Tolerance
[CCF 9-gr 4](#) Conflict Resolution
[CCF 10-gr 4](#) Bullying
[CCF 11-gr 4](#) Appendix
[Teaching Poster G4 8x11](#)
[Teaching Poster G4 11x17](#)
[Teaching Poster Symbols](#)

FIFTH GRADE

[CCF 0-gr 5](#) Introduction
[CCF 1-gr 5](#) Check First
[CCF 2-gr 5](#) Home Alone
[CCF 3-gr 5](#) Safe Situations
[CCF 4-gr 5](#) Pressures and Dares
[CCF 5-gr 5](#) Guns
[CCF 7-gr 5](#) Not OK Touch
[CCF 8-gr 5](#) Self-Esteem and Tolerance
[CCF 9-gr 5](#) Conflict Resolution
[CCF 10-gr 5](#) Bullying
[CCF 11-gr 5](#) Appendix

NO TEACHING POSTERS REQUIRED FOR GRADE 5

MINI-LESSONS

How to describe a person/vehicle [DOWNLOAD](#)
People description flash cards [DOWNLOAD](#)
Vehicle description flash cards [DOWNLOAD](#)
License plate flash cards [DOWNLOAD](#)



LESSON PLAN POSTERS



SAFETY KIDS MUSIC



SAFETY KIDS VIDEO'S



SAFETY KIDS MARKETING GRAPHICS





POSTERS & ADDITIONAL CONTENT



[3 steps poster 8x11](#)
[3 steps Poster 11x17](#)



[5 steps poster 8x11](#)
[5 steps Poster 11x17](#)



[A+ Way poster 8x11](#)
[A+ Way Poster 11x17](#)



[Charlie Check First Poster 8x11](#)
[Charlie Check First Poster 11x17](#)



[KC Koala Poster 8x11](#)
[KC Koala Poster 11x17](#)



ADDITIONAL MATERIAL



[Download CHILD IDENTITY PROFILE](#)

This free kit helps parents collect the most important information needed by law enforcement to help is your child is lost.



[Download SAFETY KIDS PHILOSOPHY](#)

This document explains why the **STRANGER DANGER** concept ineffective.



[Download CHARLIE CHECK FIRST COLORING PAGE](#)



[Download KC KOALA COLORING PAGE](#)



[Download SAFETY KIDS ACTIVITY BOOK](#)



[Download CHARLIE SAFETY CATCHER](#)



[Download CHARLIE SAFETY RACE GAME](#)



[Download CHARLIE'S 911 BROCHURE](#)



[Download CHARLIE'S BULLYING BROCHURE](#)



SAFETY KIDS VIDEO'S

The following content has been provided in partnership with users of the Safety Kids program to demonstrate ways to use content from the program.

Retired Jefferson County Sheriff's Deputy Joyce Nelson presents how she uses the Safety Kids Program.





SAFETY KIDS MUSIC

[Check Check Check](#) 1.0mb

[Check First Rap](#) 1.9mb

[Ask an Adult](#) 1.4mb

[Home Alone](#) 0.7mb

[Power No](#) 2.0mb

[Kind and Caring is the way to be](#) 1.0mb

[My Friend](#) 0.8mb

[If your special and you know it](#) 1.25mb

[Be a Safety Kid](#) 0.9mb

[The A Plus Way](#) 1.7mb

[Be a STAR](#) 1.3mb

[Ima a Star Rap](#) 1.2mb

[STAR Friends](#) 1.5mb

[STAR Cheer](#) 0.5mb

[Ima a Star](#) 1.5mb

SAFETY MESSAGES FROM SAFETY KIDS FOUNDER DIANE BROWN

[Check First](#) 0.9mb

[KC Koala](#) 0.3mb

[You Are Special](#) 0.5mb

[Conflict](#) 0.5mb

[Ima Star](#) 0.4mb

[Responsible Reporting](#) 0.7mb

[STAR](#) 0.7mb

[Students Together Are Responsible](#) 0.3mb

[Be a Safety Kid](#) 0.2mb



SAFETY KIDS GRAPHICS

In order to keep program costs low, Safety Kids does not maintain inventory of marketing material or give-a-ways. We are providing a list of slogan, taglines and graphics for you to develop and publish your own marketing materials and give-a-ways. You must follow the Intellectual Property Terms of Use. Feel free to create whatever meets your needs such as: bookmarks, pencils, stickers, t-shirts, or any other fun stuff. Please feel free to share your creations, so others may use your ideas.

INTELLECTUAL PROPERTY TERMS OF USE [DOWNLOAD](#)

AUTHORIZED SLOGANS & TAGLINES [DOWNLOAD](#)

- I'm a Safety Kid!
- Charlie-Check First Says...
- Charlie Says...
- Check First before you go anywhere with anyone!
- If you can not check, then you can not go!
- If you can not check, then the answer is no!
- I'm a Safety Kid. I Check First!
- Ima S.T.A.R. says...
- Do the Right Thing!
- Be a Responsible Reporter!
- Stand Together! Act Responsibly!
- I'm a:

S—sensing

T—thinking

A—acting

R—responsible kid!

AUTHORIZED GRAPHICS



CHARLIE MASCOT
[DOWNLOAD](#)



COLOR LOGO
[DOWNLOAD](#)



CHARLIE
[DOWNLOAD](#)



IMA S.T.A.R.
[DOWNLOAD](#)



K.C. KOALA
[DOWNLOAD](#)



BW LOGO
[DOWNLOAD](#)



ACTION ANNIE
[DOWNLOAD](#)



RECKLESS ROSE
[DOWNLOAD](#)



RESPONSIBLE ROB
[DOWNLOAD](#)



SENSING SAM
[DOWNLOAD](#)



THEO
[DOWNLOAD](#)



BW CHARLIE
[DOWNLOAD](#)





SAFETY KIDS PROGRAM

HOW TO USE CURRICULUM



HOW TO USE CURRICULUM

The curriculum structure is comprised of modular lessons, and they may be presented in three easy ways. With one exception, they may be taught in any order.

- **“Check First” is the most important topic and should be taught first.**

1. Present one or two individual topics in a session, followed by a reinforcement activity










2. Present a general lesson that briefly covers many or all topics.

3. Mini-Lessons

- **The following are examples of Mini-Lessons: How to describe a person or vehicle; license plate, people or vehicle flash cards.**



The curriculum is divided into core subjects which are age appropriate and designed with easy to follow script. Each core subject has follow-up activities designed to reinforce the concept of the lesson. These activities address Gardner's "Multiple Intelligence Theory."

| | | | |
|--|---------------------|---|--|
|  Lures | LURES |  Safety Person Safety House | SAFETY PERSON |
|  Emergencies | EMERGENCIES |  NO Power NO | POWER NO |
|  Home Alone Skills | HOME ALONE |  | STAND TOGETHER, ACT RESPONSIBLY |
|  Buddy System | BUDDY SYSTEM |  | KIND & CARING |
|  Observation Skills | OBSERVATIONS | | |



SAFETY KIDS CURRICULUM CONTENT

Each lesson will follow the same format no matter the grade level with the exception of mini lessons.

Introduction – Explains the lesson.

Materials – Items needed to present the lesson.

Objectives – What the students will learn, the goal or take-a-way.

Lessons - Easy to follow outline. Provides verbiage which can be read to the audience. Identifies which props to use and when to involve the students.

Appendix - A variety of handouts and may include letters to parents, follow-up to lessons, certificates, and much more.



Gardner's "Multiple Intelligence Theory."

- Children have the capacity to learn in different ways. What works best for one child may not be effective for another. Therefore, these activities address Gardner's "Multiple Intelligence Theory" of visual learners, auditory learners, and kinesthetic learners.
- The activities at the end of each topic are designed to reinforce the concepts of the lesson. It is most beneficial to do activities periodically, so that the safety tips are reinforced throughout the year.
- The reinforcement activities are categorized in the following manner:



Musical/rhythmic



Visual/Spatial



Body/Kinesthetic

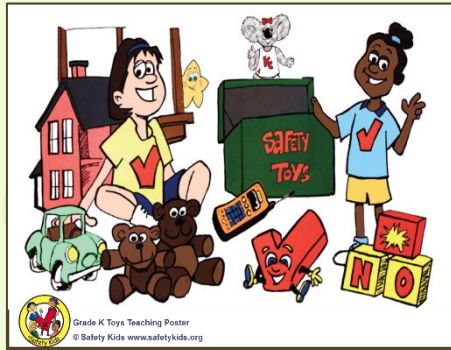


Intrapersonal
Interpersonal
Logical/Mathematical
Verbal/Linguistic

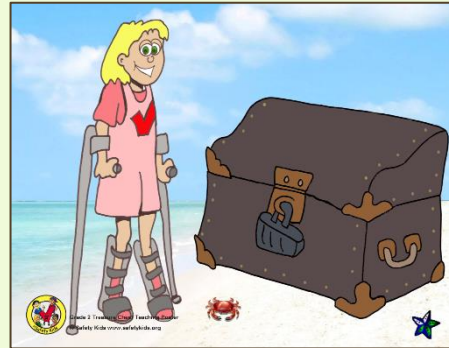


The activities are geared for a variety of age groups so that you can select or adapt them to meet the mental maturity of your students.





KINDERGARTEN



2ND GRADE



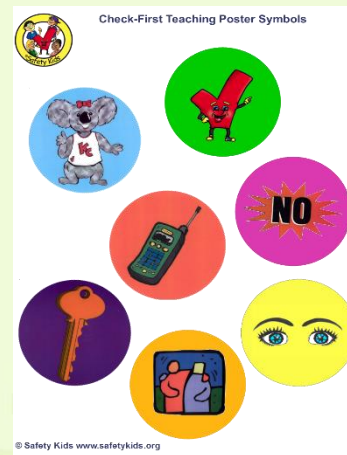
3RD GRADE



1ST GRADE



4TH GRADE

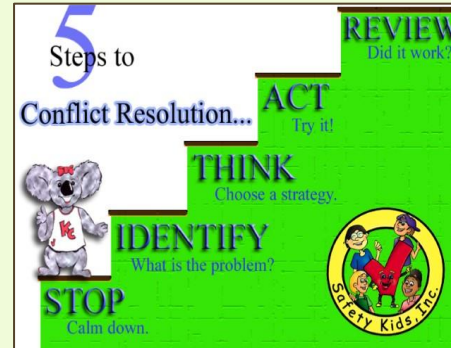
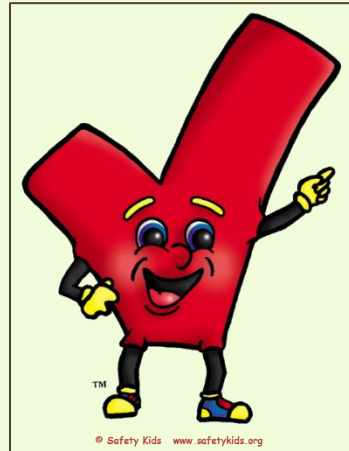
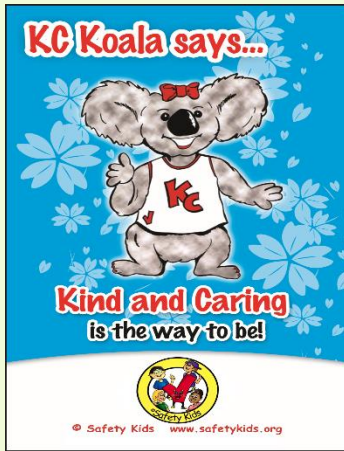
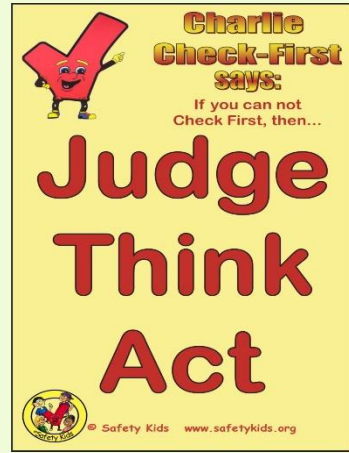


SYMBOLS

GRADE LEVEL TEACHING POSTERS

Each grade level except for grade 5 has an associated poster to help teach the lessons. Although, the lessons can be taught without the posters. The teaching symbols can be cut out and laminated. Use Velcro or magnets to apply to posters. Be creative!





PROGRAM POSTERS

Additional, these posters will aid in the delivery of the lessons in the curriculum.



HOW TO EVALUATE THE PROGRAM

The Pre/Post Evaluation is located in the introduction pages [CCF-0] for each grade level

Give your students the Pre/Post Evaluation prior to beginning the material. Read the questions for those students who need that assistance. Sometimes there are no right and wrong answers; it is mainly a question of what they perceive.

Give the same test to students after completing the lessons. Was there a change in their thinking? Do they now realize the safest response to a variety of situations?

The Pre/Post Evaluation may assist you in justifying the usage of this program in your teachings. It is also helpful in documenting the programs effectiveness and obtaining additional program licenses for others to use the program.



LESSON INTRODUCTION

Philosophy

Teaching Procedure / Poster Description

Reinforcement Activities

Pre/Post Evaluation



STARTING A SAFETY KIDS LESSON

Review the entire lesson to include: Introduction, lesson, and appendix.

Decide if you will utilize the pre and post test.

Gather the props needed to teach the lesson you have selected.



EXECUTING THE LESSON

The Pre K/Kindergarten lesson [CCF-1-K] is used for this demo.

Prepare your materials in the location the lesson will be taught to include:

- Toy chest poster, poster symbols [circles], and any props such as buddy bears or a poster of Charlie Check First.

Decide which topics you plan to teach for your session and have the corresponding symbol cards ready.

- Display the Toy Chest poster. Discuss the story behind the Safety Kid on the poster. [Follow script in lesson] **“These kids are Safety Kids and they love to play with their safety toys.”**

Remove a symbol card and discuss that topic.

- For Example: If you selected the Charlie Symbol Card as the lesson, **“Who can come up to the poster and point to a funny, little, red toy?** He is a special friend of mine and I have him with me today. You can then display the Charlie Check First Poster Symbol or Charlie poster.



CHARLIE CHECK FIRST LESSON



CHECK FIRST TEACHING PROCEDURE



Materials Needed for Lessons

- Charlie Check-First doll or poster
- Toys or **JUDGE, THINK, ACT** poster
- A decorated box or bag to be your Safety Toy Box
- Assorted objects to put in Toy Box (some that represent the items on the poster [lesson topics] and some that do not)
- *Safety Kids Songs* (optional)
- Letter to the Parents/Guardian (Appendix)

Objectives for Students

- Repeat the safety slogan: “**Check First** before you go anywhere with anyone.”
- Name two people they can check with to make sure it is OK.
- Give two examples of times they should **Check First**.
- Recite the second part of the slogan: “If you cannot check, the answer is NO!”
- State a safe response to the lure of a pet.
- State a safe response to the lure of friendliness.
- State a safe response to the lure of an emergency.
- State a safe response to the lure of authority.
- State a safe response to the lure of assistance.
- State a safe response to the lure of bribes.



CHECK FIRST PHILOSOPHY



YOUNGER CHILDREN [PRE-K, K, 1ST and 2ND GRADES]

- “Check First before you go anywhere with anyone (for any reason at any time).”
- If you cannot check, the answer is NO!

OLDER CHILDREN [3RD GRADE AND OLDER]

Judge, Think, Act

- Look at the whole situation.
- Think carefully and evaluate everything.
- Follow the Safety Kids’ rules.





CHECK FIRST INSTRUCTION

THE RULE

- THE CHECK FIRST PHILOSOPHY

THE NEED TO CHECK

- What does it mean to check?
- Who can you check with?
- If there is no way to check, the answer is NO!





LURES USED TO ATTRACT CHILDREN



COMMON LURES

LOST PET

FRIENDLINESS

ASSISTANCE

BRIBES

EMERGENCY

AUTHORITY



CHECK FIRST SAFETY PERSON

- Parent Identifies
- Someone trusted
- No more than 3 safety persons
- Code word used only for children older than 3rd grade





CHECK FIRST CLOSURE

- Repeat the rule several times while holding up Charlie Check-First.
“Check First before you go anywhere with anyone.”
- Repeat the second part of the rule several times while holding up Charlie Check-First.
“If you cannot check, the answer is NO!”
- Use the Safety Kids Songs to reinforce the safety kids rules.
- Use any of the follow-up material to reinforce the lessons and skills taught.



SAFETY PERSON/HOUSE LESSON



SAFETY PERSON/HOUSE TEACHING PROCEDURE [1ST GRADE AND UP]



Materials Needed for Lessons

- Charlie Check-First doll or poster
- Toys poster
- **Bubbles poster**
- **Safety Person / Safety House safety bubble card**
- *Safety Kids Songs* (optional)
- Letter to the Parents/Guardian (Appendix)
- **Safety Person Letter (Appendix)**

Objectives for Students

- Realize that most people are good, kind, and helpful.
- Explain how the Safety Person procedure works.
- Establish a Safety House and a Safety Person with their mom and dad.
- Recognize that a Safety Person is the only exception to Charlie Check-First's rule.



SAFETY PERSON/HOUSE INSTRUCTION



SAFETY HOUSE

- A place for you to go when you need help is called a Safety House.
- The person who lives in the Safety House is someone your parents trust, and you can go to them for help.
- Your parent picks the Safety House.



SAFETY PERSON

- The safety person is someone your parents trust and you can go to them for help.
- You can take rides from this person, go in this person's house, or ask them for help.
- Code word used only for children older than 3rd grade.





SAFETY PERSON/HOUSE CLOSURE

- Remember, a Safety Person is the only exception you are allowed to make to Charlie's rule of checking first before you go with anyone.
- A Safety Person and a Safety House are people and places that your parent chooses, not you. They will decide who is safe.
- Be sure to make good decisions. It is a smart decision to Check First!
- Use the Safety Kids Songs to reinforce the safety kids rules.
- Use any of the follow-up material to reinforce the lessons and skills taught.



BUDDY SYSTEM LESSON





BUDDY SYSTEM TEACHING PROCEDURE

Materials Needed for Lessons

- Charlie Check-First doll or poster
- Toys poster
- A decorated box or bag to be your Safety Toy Box
- Assorted objects to put in Toy Box (some that represent the items on the poster [lesson topics] and some that do not)
- **Buddy Bears (or 2 stuffed animals or dolls)**
- *Safety Kids Songs* (optional)
- Letter to the Parents/Guardian (Appendix)

Objectives for Students

- State that a buddy is a friend or someone who is with you.
- Name two times and places to have a buddy.
- Participate in the “Freeze and Yell” technique.
- Practice saying parents’ or guardians’ first and last names.





BUDDY SYSTEM INSTRUCTION

THE NEED FOR A BUDDY

- What is a buddy?
- Who can be a buddy?
- Having a buddy is safer.
- When should you have a buddy?



FREEZE AND YELL

- What to do when you are separated from your buddy.
- FREEZE **“Put glue on your shoes!”**
- Learn the first and last name of their parent or guardian.





BUDDY SYSTEM CLOSURE

- Before you walk around looking for someone, you need to remember Charlie Check-First's rule:
“Check First before you go anywhere with anyone.”

If you cannot check, then you stay frozen in that spot. “Put glue on your shoes!”

- Use the Safety Kids Songs to reinforce the safety kids rules.
- Use any of the follow-up material to reinforce the lessons and skills taught.



OBSERVATION LESSON



OBSERVATION TEACHING PROCEDURE



Materials Needed for Lessons

- Charlie Check-First doll or poster
- Toys poster
- A decorated box or bag to be your Safety Toy Box
- Assorted objects to put in Toy Box (some that represent the items on the poster [lesson topics] and some that do not)
- **Toy car or toy figure of a person**
- *Safety Kids Songs* (optional)
- Letter to the Parents/Guardian (Appendix)

Objectives for Students

- Recite: “Be wise with your eyes.”
- Practice taking two giant steps back away from a car or someone who approaches them.
- Give a basic description of a car or person.





OBSERVATION INSTRUCTION

BE WISE WITH YOUR EYES

- What does it mean to be wise?
- Tell trusted adult what happened.
- Give details about person or vehicle.

IF APPROACHED

- Take two giant steps backwards.
- Go in the opposite direction.
- Find a trusted adult.





OBSERVATION CLOSURE

- If approached,
Take two giant steps backwards and go in the opposite direction.
- How good were you at looking for details and remembering descriptions?
Try to “Be wise with your eyes!”
- You need to remember Charlie Check-First’s rule:
“Check First before you go anywhere with anyone.”
- Use the Safety Kids Songs to reinforce the safety kids rules.
- Use any of the follow-up material to reinforce the lessons and skills taught.



HOME ALONE LESSON



HOME ALONE TEACHING PROCEDURE



Materials Needed for Lessons

- Charlie Check-First doll or poster
- Toys poster
- A decorated box or bag to be your Safety Toy Box
- Assorted objects to put in Toy Box (some that represent the items on the poster [lesson topics] and some that do not)
- **A key**
- **Toy phone or real phone**
- *Safety Kids Songs* (optional)
- Letter to the Parents/Guardian (Appendix)

Objectives for Students

- Use hand motions to recite: “Keep the door shut and locked!”
- Role-play not answering the toy phone and letting it ring.
- Explain what to do with someone at the door if the adult at home is busy or sleeping.



HOME ALONE INSTRUCTION



WHEN AT HOME

- What is a key?
- Keeping the key secret.
- Home alone, don't tell.
- Keep it SHUT and LOCKED!

IF THE PHONE RINGS

- What is a phone?
- Let it ring, let it ring, let it ring.





HOME ALONE CLOSURE

- Make sure each student can recite:
 “Keep the door shut and locked!” and
 “Let it ring! Let it ring! Let it ring!”
- Practice not answering on the toy phone.
- You need to remember Charlie Check-First’s rule:
 “Check First before you go anywhere with anyone.”
- Use the Safety Kids Songs to reinforce the safety kids rules.
- Use any of the follow-up material to reinforce the lessons and skills taught.



EMERGENCY LESSON



EMERGENCY TEACHING PROCEDURE



Materials Needed for Lessons

- Charlie Check-First doll or poster
- Toys poster
- A decorated box or bag to be your Safety Toy Box
- Assorted objects to put in Toy Box (some that represent the items on the poster [lesson topics] and some that do not)
- **Emergency Phone List (Appendix)**
- **Toy phone or real phone**
- **Check First 911 brochure**
- *Safety Kids Songs* (optional)
- Letter to the Parents/Guardian (Appendix)

Objectives for Students

- Explain the meaning of the word emergency.
- Dial 911 and “0” on a toy phone.
- Practice saying their phone numbers.
- Identify an Emergency Phone List.



EMERGENCY INSTRUCTION



911 AND “0”

- What is an emergency?
- How to turn phone on.
- How to dial 911
- What to tell operator to get help?
 - [Name, phone number, location, emergency, their age.

EMERGENCY PHONE LIST

- What is my phone number.
- List of numbers for emergency.



EMERGENCY CLOSURE



- Use Charlie's brochure, "How to dial 9-1-1".
- Use the Safety Kids Songs to reinforce the safety kids rules.
- Use any of the follow-up material to reinforce the lessons and skills taught.



POWER NO LESSON



POWER NO TEACHING PROCEDURE



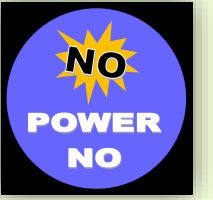
Materials Needed for Lessons

- Charlie Check-First doll or poster
- Toys poster
- A decorated box or bag to be your Safety Toy Box
- Assorted objects to put in Toy Box (some that represent the items on the poster [lesson topics] and some that do not)
- **Wooden blocks with the letters N and O; or cards with the letters N and O printed on them**
- *Safety Kids Songs* (optional)
- Letter to the Parents/Guardian (Appendix)

Objectives for Students

- Name the three steps in the Power NO.
- State one good time to use the Power NO.
- Explain what to do if someone tries to make them go somewhere against their wishes.





POWER NO INSTRUCTION

WRONG, UNSAFE OR HARMFUL

- If it is wrong, unsafe, or harmful to you, then you need to use the Power NO.
- Not OK touch. [**SENSITIVE TOPIC**]
- If someone grabs you.

NO - GO - TELL

- There are 3 steps for the Power NO:
 1. Say NO.
 2. Get away from the situation.
 3. Tell an adult.





POWER NO CLOSURE

- Review the three steps for the Power NO: **NO! GO! TELL!**

1. Say NO. 2. Get away from the situation. 3. Tell an adult.

- Be sure to make good decisions. It is a smart decision to Check First! If you cannot check, be sure to say NO. The Power NO can help you!
- Use the Safety Kids Songs to reinforce the safety kids rules.
- Use any of the follow-up material to reinforce the lessons and skills taught.



KIND & CARING LESSON



KIND & CARING TEACHING PROCEDURE



Materials Needed for Lessons

- Charlie Check-First doll or poster
- **KC Koala doll or poster**
- Toys poster
- A decorated box or bag to be your Safety Toy Box
- Assorted objects to put in Toy Box (some that represent the items on the poster [lesson topics] and some that do not)
- *Safety Kids Songs* (optional)
- Letter to the Parents/Guardian (Appendix)

Objectives for Students

- Identify KC Koala.
- State the slogan, “Kind and Caring is the way to be!”
- Explain the meaning of kind and caring.
- Give one example of an act of kindness.





KIND & CARING INSTRUCTION

“Kind and Caring is the way to be!”

- Who is K.C. KOALA?
- What does it mean to be kind?
- What does it mean to be caring?

ACTS OF KINDNESS

- Share when you were kind or caring.
- Share when someone was kind or caring to you.
- Repeat: Kind and caring is the way to be!





KIND & CARING CLOSURE

- Not only is it important to be kind to others, it is also more fun! You will have more friends and enjoy everything a whole lot more if you are kind and caring to others.
- Repeat the slogan several times. **“Kind and Caring is the way to be!”**
- Use the Safety Kids Songs to reinforce the safety kids rules.
- Use any of the follow-up material to reinforce the lessons and skills taught.



KIND & CARING LESSON

Self-Esteem & Tolerance



Self-Esteem & Tolerance

KIND & CARING TEACHING PROCEDURE



Materials Needed for Lessons

- Charlie Check-First doll or poster
- **KC Koala doll or poster**
- Toys poster
- A decorated box or bag to be your Safety Toy Box
- Assorted objects to put in Toy Box (some that represent the items on the poster [lesson topics] and some that do not)
- **A mirror**
- *Safety Kids Songs* (optional)
- Letter to the Parents/Guardian (Appendix)

Objectives for Students

- Discuss and discover two differences between children in the class.
- Identify a reason why “I like myself.”
- Name one thing that makes them special.
- Name one thing that makes someone else special.



Self-Esteem & Tolerance

KIND & CARING INSTRUCTION



YOU ARE SPECIAL

- What does it mean to be special?
- You are special by the way you look.
- You are special by what's inside you.

DIFFERENCES

- Everyone is different!
- Individuality and uniqueness.
- What do you like about yourself?
- Accept people the way they are.
- Recognize and respect differences.



Self-Esteem & Tolerance

KIND & CARING CLOSURE



- We need to respect each other and understand that everyone is different.
- Allow time for a discussion.
- This is the time to stress how individuality and uniqueness are important.
- Every child has value and worth! We need to respect others! **Stress this.**
- What makes KC Koala special? What makes these Safety Kids special?
- Use the Safety Kids Songs to reinforce the safety kids rules.
- Use any of the follow-up material to reinforce the lessons and skills taught.



KIND & CARING LESSON

Conflict Resolution



Conflict Resolution

KIND & CARING TEACHING PROCEDURE



Materials Needed for Lessons

- Charlie Check-First doll or poster
- **KC Koala doll or poster**
- Toys and **5 STEPS** poster
- A decorated box or bag to be your Safety Toy Box
- Assorted objects to put in Toy Box (some that represent the items on the poster [lesson topics] and some that do not)
- *Safety Kids Songs* (optional)
- Letter to the Parents/Guardian (Appendix)

Objectives for Students

- State the slogan, “Kind and Caring is the Way to Be!”
- Repeat the 5 steps to resolve a conflict.
- Name something to do in order to calm down.
- Explain one strategy to resolve a conflict.



Conflict Resolution

KIND & CARING INSTRUCTION



Lesson A

Introduction and Anger Management

- What is conflict?
- What to do when there is conflict.
- There are 5 steps to take to solve a problem or conflict.
 - Step 1 is **STOP**.
 - Step 2 is **IDENTIFY**.
 - Step 3 is **THINK**.
 - Step 4 is **ACT**.
 - Step 5 is **REVIEW**.
- What does **STOP** mean?



Lesson B

Identify and Think

- What does **IDENTIFY** mean?
- Short stories to identify the conflict.
- Let's **THINK** about what to do.



Conflict Resolution

KIND & CARING INSTRUCTION



Lesson C

Act and Review

- What does **ACT** mean?
- Tell me a plan you could use on the story I told you.
- What does **REVIEW** mean?
- Did it fix the problem?



Conflict Resolution

KIND & CARING CLOSURE



- When you review what you have done, think about whether or not you were Kind and Caring to the other person. Were you a good friend to him or to her?
- Let's go over the 5 steps to resolving conflicts.
 - **STOP**
 - **IDENTIFY**
 - **THINK**
 - **ACT**
 - **REVIEW**
- Solve your problems in a peaceful way and you will be a Kind and Caring Kid!
- Use the Safety Kids Songs to reinforce the safety kids rules.
- Use any of the follow-up material to reinforce the lessons and skills taught.



KIND & CARING LESSON

Bullying



Bullying

KIND & CARING TEACHING PROCEDURE



Materials Needed for Lessons

- Charlie Check-First doll or poster
- **KC Koala doll or poster**
- Toys and **A+ Way** poster
- **Check First Bully Brochure**
- A decorated box or bag to be your Safety Toy Box
- Assorted objects to put in Toy Box (some that represent the items on the poster [lesson topics] and some that do not)
- *Safety Kids Songs* (optional)
- Letter to the Parents/Guardian (Appendix)

Objectives for Students

- State the slogan, “Kind and Caring is the way to be.”
- Identify one quality of a Kind and Caring Kid.
- State a positive way to respond if someone is not kind and caring.
- Demonstrate how acting kind and caring works in a bully situation.



Bullying

KIND & CARING INSTRUCTION



A+ WAY

- **Behavior:** How not to be a bully.
 - **ACT** Kind and Caring.
- **Prevention:** How to prevent a bullying situation.
 - **ALERT** yourself to what is going on around you. Are there possible problems ahead?
 - **AVOID** potential bullying situations if possible.
- **Response:** How to respond if you encounter a bullying situation.
 - **ASSERT** yourself with strong, but non-violent, words and bodies.
 - **ACT** (Be Kind and Caring. Use a Refusal Skill)
 - **ASK** for help.



Bullying

KIND & CARING CLOSURE



- Remember, you should try to be a Kind and Caring Kid toward others all of the time. It is sometimes hard, but really try to be nice and kind when someone else is mean to you. It is better to do that than to have hard feelings and get mad and maybe hurt someone.
- What does KC say? *Allow time for students to repeat the slogan.*
Kind and Caring is the way to be!
- Use the Safety Kids Songs to reinforce the safety kids rules.
- Use any of the follow-up material to reinforce the lessons and skills taught.



APPENDIX

Basic Safety Concepts

Safety Scenarios

Safety Check-Points for Kids

Safety Check Points for Parents

Emergency Phone List

Dear Parent or Guardian

Safety Kid Certificate

Safety Kid Coupons

Safety Kids Song Lyrics





BRUCE WALL



JOYCE NELSON





SCOTT REED



DIANE BROWN, FOUNDER



UNKNOWN OFFICER





CHARLIE SAYS, “THANK YOU”



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